

*Providing life services to a full range of adults.*

# Adult Day Care

Our Adult Day Care offers a medical-model program that allows seniors, caregivers and families access to quality care for loved ones during the day until they can return home at night. The program operates from 9:00 a.m. to 4:00 p.m. Monday through Friday. Staff are available from 8:00 a.m. to 5:00 p.m. for those registrants who may need to schedule an earlier arrival and a later departure time.

This Medicaid-participating program provides a wide range of health services under the supervision of a nurse and a professional staff while offering senior men and women an enjoyable social and recreational experience.

## **Program services include the following:**

- Nursing Services by Licensed RNs and LPNs
- Social Work Services by a Licensed BSW or CSW
- Therapeutic and Leisure Time Activities
- Food and Nutritional Services
- Ancillary Services (Laboratory, EKGs and X-rays, and Specialty Clinics)
- Case Management Services (Co-ordination of Registrant's Health Care Needs with Other Community Agencies)



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# Adult Day Care (cont'd)

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- Rehabilitation Therapy by Licensed Therapists
- Transportation (Provided by Family or Caregiver, Commercial and Medicaid-Certified Transportation Companies and Voluntary Organizations)
- Supplemental Medical Services
- Pharmacy Services
- Other (Community and Recreational Activities, Library, Beauty Parlor and Barber, Religious Services)

## Sample Program Day

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|-------------|--|
| 8:00-9:00   | Early registrants arrive: coffee, morning news and TV                                    |
| 9:00-9:30   | Arrival of registrants   |
| 9:15-10:00  | Continental breakfast  |
| 10:00-11:00 | Exercise program/physical games/social/current events/memory                             |
| 11:00-12:00 | Individual activities/puzzles/crafts/projects/reading                                    |
| 12:00-1:00  | Lunch and relaxation   |
| 1:00-2:00   | Reminiscing/nostalgia/social/healthy hints/films   |
| 2:00-3:00   | Entertainment/sing-alongs/cooking class/bingo/ballgames/board games/word or number games |
| 3:00-4:00   | Snack and departure of registrants (take-home meal available)                            |
| 4:00-5:00   | Late registrants depart/movies/quiet time/reading  |

*Any Questions?  
Just Call!*

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Quality of Life. Quality of Care.